

BUILDING STRONG FAMILIES



Parent Mentoring DVD and Teaching Guide

*(sons and daughters), and the hearts of the children
(sons and daughters) to their fathers; or else I will come and
strike the land with a curse." Malachi 4:6*

CULTURE OF BLESSING BLESSING GENERATION
IDENTITY PURPOSE IN LIFE



BUILDING STRONG FAMILIES

Session 1: The Power of a Father's Blessing Deuteronomy 30:19

Why they are leaving: (Faith Today 2012 Survey: Hemorrhaging Faith)

- Engagers (23%) _____
- Fence Sitters (46%) _____
- Wanders (26% _____
- Rejecters (15%) _____

The # 1 factor that determines faith in young people is _____

The State of the Family in Canada

- A shift in our value for the rights of the unborn. Our nation has terminated the life of over 4 million unborn children in the past 30 years.
- A shift in our value for covenant in marriage. Our government has legislated easy divorce laws.
- A shift in our morals. Our nation was one of the first countries in the world to legislate same-sex marriage in 2004.

Why the Shift in Canadian Values?

The # 1 Reason: Fatherlessness and the breakdown of the family.

A Fatherless Generation:

- **40% of children are born out of wedlock in Canada.**
- **23.6% of children lived in father- absent homes in 2014.**
- **A Canadian survey suggested that 65 out of 100 of youth in Canada will not be living with both biological parents when they graduate from high school.**
- **Fathers may be present in the home but absent from their families.**

Children who grow up fatherless are:

- **8 times more likely to go to prison.**
- **5 times more likely to commit suicide.**
- **20 times more likely to have behavioural problems.**
- **10 times as likely to not get A's in school.**

The Un-fathered Family: _____

Wounded Father: _____

Signs of a Wounded Heart

- 1. A man develops a hardened heart to protect himself from hurt.**

2. A man will focus on “work” rather than on relationship with his Heavenly Father.

3. The Wounded Heart chases after counterfeit affections or pleasures to fill their orphan spirit.

- Performance: Keep busy to fill the empty place in our hearts.
- Passions: Hidden sins and iniquities that cause many leaders to fall.
- Possessions: bigger house, bigger church, bigger holiday.

Receiving the Father’s Heart

Agapeo	God’s Unconditional Love, love that requires sacrifice and action.
Eros	• Eros was the word often used to express sexual love or the feelings of physical attraction...
Phileo	• Brotherly affection, kindness towards one and other...
Storge	• Love and affection that naturally occurs between parents and children,

Turning the Hearts of the Fathers! John 14:18-21

The Power of a Father’s Blessing. Malachi 4:6

The Father’s role is to function as:

- Prophet _____
- Priest _____
- King _____

A father's blessing protects the family _____

Session 2: The Power of a Parent's Blessing
Deuteronomy 30:19

The Heart of the Father Created: Genesis 1:1-2

Father Heart/Mother Heart: Genesis 1:27

Covenant vs. Contract: Genesis 2:24

The Ancient Path of Blessing: Genesis 1:28

Definition of Blessing: One of the primary meanings of this word is 'to empower to prosper.'

7 Critical Times of Blessing

1. **Blessing at Conception answers the question:**

“Am I welcome in the world?”

Luke 1:28

2. **Blessing at Pregnancy answers the question:**

“Is there a safe place for me?”

Luke 1:41-42

3. **Blessing at Birth answers the question:**

“Will my needs be met in the world?”

Luke 2:11

4. **Blessing at Early Childhood answers the question:**

“Who can I trust in the world?”

Matthew 2:11

5. **Blessing at the Puberty or the Teen years answers the question:**

“Do I have what it takes?”

Luke 2:41-42, 52

**6. Blessing at adulthood answers the question:
“What am I called to do in this world?” John 1:29**

**7. Blessing in senior years answers the question:
“Am I still needed in this world?” Romans 8:34**

**What about single parents and those who do not have families?
Psalm 68:4-6**

Session 3: How to Write a Blessing

1. God's intention is that the Blessing would answer the identity questions in a child's life.

- Blessing affirms their value as a son or daughter.
- Blessing affirms their gender as male or female.
- Blessings affirm their true identity in Christ.

2. Blessing identity answers the question "Who am I?"

3. Barriers to blessing.

- Not separating identity from behaviour.
- Not repenting for relational messages that we send

Five Elements of the Blessing:

1. Appropriate meaningful touch

2. A spoken word

3. Attach high value to the one being blessed

4. Picture a special future for the one being blessed

5. Express an active commitment to fulfil the blessing

Step 1: Capture the Blessing in 3 Paragraphs

Paragraph #1: Write down one or two things about this person you are thankful for:

Paragraph #2: One Challenge they are facing this year and have done well:

Paragraph #3: Statement of genuine commitment:

Step 2: Create a Special Occasion

**Step 3 Once you give the Blessing to someone in your family:
Prayerfully consider another child/person in your circle of**

influence you can give a blessing.

Session 4: Leaving a Lasting Legacy

“What heritage are you passing down to your children?”

Proverbs 24:3,4

Blessing or curse you can choose. Deuteronomy 30:6

We all carry baggage into our marriage

Dealing with our baggage. II Corinthians 4:2

Sin & Iniquity Isaiah 59:2

Sin is the outward act or violation of God’s moral code or law.

Iniquity is the inward seed or root that causes us to sin. Isaiah 53:5

Steps to Breaking Generational Iniquity Psalm 32:5

Confess and repent of my sin. I John 1:9

Renounce the hidden iniquity, that shameful thing that has been in your life. II Cor. 4:2

Ask the Father what is the origin of the iniquity? James 5:16

What is the lie that you believe about yourself?

Replace the lie with the truth. John 8:32

Forgive those who have sinned against you. Matthew 6:14-15

Exchange your shame for His glory!

Building a Lasting Legacy: Choose this day the Blessing or the Curse



Family Foundations Canada is here to help Families



FFC is here to help you today!

There are free resources to help you create a culture of blessing in your family and marriage, in your finances and in your personal life at our new website <http://familyfoundations.ca/family>



FFI Canada is here to serve you tomorrow with powerful weekend encounters in communities right across the country. You can check it out and register online today at <http://familyfoundations.ca/events>.



Family Foundations Canada (403) 720-6772.
www.familyfoundations.ca

FFC is here to help you train leaders for the future!

We are here to serve you with our [Schools of Ministry](#) designed to increase your capacity as a leader and help you thrive in an ever changing world. Register online today at www.familyfoundations.ca or call 403-720-6772 for more information.